

SUIT UP!

Ephesians 6:10-18

PUT ON THE WHOLE ARMOR OF GOD



THE HELMET OF
Salvation

The helmet is the last piece of armor put on as a symbol of readiness, and it is a vital piece. We must protect our heads (thoughts) where the enemy likes to attack.

READ: Ephesians 2:8-9, 1 Peter 1:1-5, Isaiah 59:17

ACTION: Continue to shed old self, learn scripture, and identity in Christ, listen to worship music



THE BREASTPLATE OF
Righteousness

The breastplate protects the heart and our vital organs, it is perfectly fitted to the soldier to protect.

Righteousness is the result of intimacy with God.

READ: Isaiah 51:7, 2 Timothy 2:22, 1 Thess. 5:8

ACTION: Seek God daily through prayer and scripture reading, journaling, nature walks



THE BELT OF
Truth

The belt is a crucial piece for a soldier as it supports all the other elements of the armor. It must be secure in order to bear the weight of the armor.

READ: John 4:23 and 8:44, Romans 2:8

ACTION: Read and listen to the Word of God daily and ask for understanding



THE SHIELD OF
Faith

Even though we cannot see the Lord, we know He is there, and believe in Him in all circumstances.

Our faith shields us from the enemy's attacks.

READ: Hebrews 11:1-3, 1 John 5:4, Romans 4:20

ACTION: Fellowship, pray for a strengthening of faith



THE SWORD OF THE
Spirit

This is our weapon of defense, which is the **Word of God** and we need proper training. The Spirit teaches us how to use the Word. So sharpen your sword!

READ: Hebrews 4:12, 1 Corinthians 2:12-13, Acts 1:8

ACTION: Intimacy with God, daily Bible reading, join a Bible study and study the Word of God, pray



THE SHOES OF
Peace

The shoes of peace are a display of who we are in Christ. We fight differently, we fight spiritually, we bring peace, love and the good news of Jesus!

READ: 2 Timothy 4:2, 1 Peter 3:15-16

ACTION: Share your faith with others, stand firm in truth and peace, always be ready



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NOT TODAY SATAN!