

SUIT UP!

Ephesians 6:10-18

PUT ON THE WHOLE ARMOR OF GOD



THE HELMET OF

Salvation

The helmet is the last piece of armor put on and it is a vital piece. The final act of readiness. We are saved because we accept Jesus.

READ: Ephesians 2:8-9, 1 Peter 1:1-5

ACTION: Shed old self, learn scripture, listen to worship music, praise God



THE BREASTPLATE OF

Righteousness

The breastplate protects the heart, it is perfectly fitted to the soldier to protect.

READ: Isaiah 51:7, 2 Timothy 2:22

ACTION: Seek God daily through prayer and scripture reading, journaling, nature walks



THE BELT OF

Truth

The belt made it easier to bear the weight of the armor. It is a crucial piece for a soldier.

READ: John 4:23, Romans 2:8

ACTION: Seek to understand scripture, listen to the Word of God outloud and ask for understanding



THE SHIELD OF

Faith

Even though we cannot see the Lord, we know He is there. Believe in Him in all circumstances.

READ: Hebrews 11:1-3, 1 John 5:4, Acts 3:16, Romans 4:20

ACTION: Fellowship, pray for a strengthening of faith, fellowship



THE SWORD OF THE

Spirit

This is our weapon of defense, which is the **Holy Spirit** and we need proper training.

Make sure your sword is sharp!

READ: 1 Corinthians 2:12, John 20:22, Acts 1:8

ACTION: Intimacy with God, pray to be filled with the Holy Spirit



THE SHOES OF

Peace

The shoes of peace are a display of who we are in Christ. We fight differently, we fight spiritually, we bring peace, love and the good news of Jesus!

READ: 2 Timothy 4:2, 1 Peter 3:15

ACTION: Share your faith with others, stand firm in truth and peace, always be ready



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NOT TODAY SATAN!